

This is a great way to introduce exercise and movement to toddlers and young children. In which they will enjoy and grow in confidence with your help.

Come and join us on a fun filled 45min session of Nursery Rhymes, games and exercises to help develop your child's coordination, balance and social skills, in a safe environment, using soft play and gymnastic equipment.

We are currently running 5wk courses, at an excellent price of just £15 a course, equivalent to just £3 a week. Come along and join us see if you like how we do things.

APPLICATIONS

NAME: (pupil)
NAME: (guardian)
AGE: D.O.B.:
ADDRESS:
.....
.....
TELE: MOB:
E-MAIL:
Any Medical conditions we should know about
YES/NO if yes

RULES OF GYM CLUB

- NO PARKING OUTSIDE GYM/ INDUSTRIAL SITE.
- NO SHOES ON ANY MATTED AREA.
- ALL BUGGIES TO BE COLLAPSED.
- NO JEWELLERY.
- ALL NAPPIES CHANGED AT GYM TO BE TAKEN AWAY.
- NO CHEWING GUM.
- NO RUNNING.

I Understand the rules of P.S.G. and will adhere to them
Signed Date.....

PORTSMOUTH SCHOOL OF GYMNASTICS
PRESENTS

Map

EASTERN ROAD

PETROL
STATION

SAINSBURY'S

HOMEBASE

SUPERSTORE
ENTRANCE

FITZHERBERT ROAD

WE
ARE
HERE

CAR WASH

P.S.G

OLD RESOVIOUR ROAD

DUE TO THE SITUATION OF THE GYMNASTIC PREMISES
THERE IS **NO** FACILITY TO PARK CARS, PARKING AT
NEARBY SAINSBURY'S MAYBE AN OPTION

3 YRS-5 YRS



JUMPING JUNIORS
EVERY SATURDAY AFTERNOON
SESSIONS

1:15-2:00PM 2:15-3:00PM

**A FUN SESSION FOR PARENTS AND
PRE-SCHOOL CHILDREN TO ENJOY**

TO BOOK A PLACE CONTACT JO

07505365278

SEE US AT OUR WEBSITE:

www.portsmouth-gymnastics.com

Gympsg@btinternet.com