

Portsmouth School of Gymnastics  
CODE OF CONDUCT  
For Club Coaches

The essence of good ethical conduct and practise is summarised below. All Club Coaches must:-

- Arrive 5 minutes before your session starts to allow time to set up equipment as necessary
- Always wear appropriate sports clothing. Coaches must not wear jeans or revealing tops etc.
- Not wear jewellery. Stud earrings are fine
- Always be enthusiastic
- NOT SIT when coaching our "Fun Gym" sessions. Always stay on your feet
- Where possible please arrange your own cover well in advance if you are to miss a session
- NOT chew Chewing Gum please whilst coaching
- NOT use inappropriate language
- NOT show ANY favouritism
- NOT cuddle the cuties
- Use varied teaching methods
- Use as many different progressions as possible
- Leave gym tidy. No folded mats, coaching aids or scattered equipment
- Be qualified and a member of British Gymnastics Association
- Speak to parents in a discreet manner
- Obtain prior agreement from parents/guardians of performers before transporting them anywhere (training/competitions)
- Always report any incidents or accidents according to the PSG procedures and must always advise parents at the end of the session
- Observe confidentiality at all times unless approved by the individual concerned
- Never have performers stay at your house overnight
- Never be alone with a gymnast
- Consider the well being and safety of participants before the development of performance
- NOT coach above your level of qualification without the presence of a senior coach at the appropriate level
- Attend meetings and courses as appropriate
- Follow all guidelines laid down by BG and PSG